

Financial Wellbeing

Money Helper

Benefits Everyday money Family & care Homes Money troubles

For free guidance you can trust, we can help.

- Benefits
- Family & care
- Money troubles
- Savings
- Everyday money
- Homes
- Pensions & retirement
- Work

MoneySaving Expert

Cost of living help guide
90+ ways to save from MSE and MoneySavers

<https://www.moneysavingexpert.com/family/cost-of-living-survival-kit/>

Money Helper. org.uk

Free and impartial help with money, backed by the government - Budgets, Debt help, Benefits etc

<https://www.moneyhelper.org.uk/en>

MoneySavingExpert
Cutting your costs, fighting your corner
Founder, Martin Lewis | Editor-in-Chief, Marcus Herbert

Cards & Loans Household Bills Complain & Reclaim Banking & Savings Mortgage

[MoneySavingExpert.com > Family](https://www.moneysavingexpert.com/family/)

More on this topic

MSE weekly email
FREE weekly
MoneySaving email

For all the latest deals, guides and loopholes simply sign up today – it's spam-free!

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Cost of living
90+ ways to save

Which.co.uk

Cost of living help - Free advice to help you through the cost of living crisis:

- Energy saving and bills
- Save on broadband and mobile bills
- Save on essentials
- Managing your finances
- Money-saving tips
- Our switching services

<https://www.which.co.uk/topic/cost-of-living#save-on-essentials>



Money Baby & child Service

Cost of living help

Free advice to help you through the cost of living crisis

[Save on broadband and mobile bills](#) [Save on essentials](#)

[Money-saving tips](#) [Our switching services](#)

Lighthouse News Hub Make Today Great Hub Water and Water Recycling

Life and Wellbeing Private Site
Home Happier Healthier Safer Support

Send to Immersive Reader

Taking control of your financial future
week of webinars

Below you'll find the recordings from the webinars which we put out last week. We hope you enjoyed the sessions - please take a moment to complete the feedback form.

AW LIFE & Wellbeing Sharepoint

A range of practical advice, support and webinars (some AW specific)

<https://anglianwater.sharepoint.com/sites/cpgLifeWellbeing/SitePages/Financial-wellbeing.aspx>

BBC Cost of Living Tips

Personalised guide based on why you're specifically being affected, shows the help available and tips on how to save money.

<https://www.bbc.co.uk/news/resources/ideade5a65c-753a-43c8-b58d-de98196801ff>



Cost of living tips: Your personalised guide to saving money

By the Visual Journalism and Digital Formats teams | 21 November 2022 | UK

The UK is being hit by rising costs. Food, energy, transport and housing are all going up rapidly in price. But everyone's cost of living crisis is affecting them in different ways.

As you answer some optional questions below, we will personalise this article to you.